

POS	RACE NO	LIC NO	SEX	FIRST NAME	SURNAME	AGE	CLUB	TIME
1	436		M	SIBUSISO	THY	19	RALEIGH	33:41
2	389		M	CHRISTOPHER	MABENGEZA	41	MR PRICE EP	33:59
3	300		M	THEMBEKILE	MSIPA	33	HARMONY	34:52
4	880		M	MONWAI	MTWISHA	24	FORD A C	35:29
5	307		M	DARREL	WICHT	44	RALEIGH	35:48
6	257		M	CHARLES	MTSWENI	26	AMANDELBULT	35:56
7	315		M	SIDWELL	BALIWE	35	MR PRICE EP	36:20
8	885		M	THANDUXOLO	MPUSHE	18	HARMONY	36:55
9	387		M	SANDILE	MKEFA	24	SPAR WALMER	37:15
10	264		M	B	MATTHEUS	38	SPAR WALMER	37:30
11	407		M	VIVIAN	LUTWEYI	43	MOONLIGHT AC	38:31
12	312		M	FERDINAND	GROBLER	49	DESPATCH AC	39:09
13	875		F	ZOLEKA	DONDASHE	22	MR PRICE EP	39:21
14	889		M	EMIL	HOUGAARD	43	RALEIGH	39:49
15	404		F	LIANDRE	PRETORIUS	28	MR PRICE EP	40:19
16	291		M	ALDRIDGE	JACOBS		SPAR WALMER	40:23
17	383		M	PAUL	BENNETT	24	UNKNOWN	40:32
18	416		M	GARTH	VAN ECK	17	SPAR WALMER	41:06
19	382		M	SINDILE	SKITI	30	CHARLO	41:53
20	867		M	PETER	WILDSCHIT	31	ABERDARE	41:58
21	337		F	TRELOAR	CHILDS	44	SPAR WALMER	42:04
22	334		M	CHRIS	TERBLANCHE	52	UNKNOWN	42:11
23	888		M	S	WOITHE		RALEIGH	42:13
24	335		M	SYLVESTER	APPOLLIS	24	HARMONY	42:26
25	348		M	HENRIK	VAN WYK	43	DESPATCH AC	42:43
26	262		M	RAYMOND	WEITZ	52	HARMONY	43:09
27	278		M	THEMBANI	BOARDMAN	26	UNKNOWN	43:48
28	860		M	CLIVE	WEWERS	47	ELITE	44:14
29	384		M	GRANT	BURSEY	23	UNKNOWN	44:15
30	427		M	PHUMLANI	SPEELMAN	22	ELITE	44:18
31	258		M	THOMAS	MTINI	25	AMANDELBULT	44:29
32	277		M	LOYISO	MTIYA	30	IND	44:37
33	857	J	M	PIETER	BOSHOFF	17	PEAAC	45:13
34	336	J	M	HEINRICH	BASSON	17	CHARLO	45:19
35	548	1548		UNKNOWN	UNKNOWN		UNKNOWN	45:30
37	332		F	MARLENE	HERSELMAN	46	LEGACY	46:01
36	327		F	ESLY	STRYDOM	62	LEGACY	46:02
38	872		M	MARTIN	JANSEN	39	HARMONY	46:04
39	295		M	MARCUS	ERASMUS		SPAR WALMER	46:14
40	423		M	EARL	JASEN	28	MALABAR	46:18
41	292		M	WAYLIN	KOCK		SPAR WALMER	46:19
42	290		M	DEON	FOURIE	38	HARMONY	47:21

43	306		M	HEINRICH	BADENHORST	37	HARMONY	47:23
44	877		M	CHRIS	BRIGHT	33	IND	47:24
45	317		M	S	WEIDEMAN	35	CADBURY	47:54
46	414		M	DANIEL	PIETERSE	45	DESPATCH	48:07
47	302		M	RIAAN	SMALBERGER	53	HARMONY	48:13
48	251		F	ANITA	VARNTIELD	39	IND	48:24
49	398		M	RUDI	VAN TONDER	35	DESPATCH	48:29
50	393		M	LIONEL	HOOLE	40	MUIRITE	48:31
51	275			ANTHONY	DELPORT	30	IND	48:32
52	316		M	R	BUTTON	48	OLD SELBORNIAN	48:50
53	434		M	B	WILSON	29	HARMONY	49:03
54	320		M	TSHEGOFATSO	MENYATSWE	26	ABERDARE	49:07
55	346		F	CLAIRE	NAGEL	43	ELITE	49:13
56	435		M	IVAN	MOSES	45	HARMONY	49:19
57	362		M	JAN	VAN MOLLENDORF	62	ELITE	49:22
58	444		M	PETER	NEWTON	49	CRUSADERS	49:26
59	304		M	HEIN	VAN EYK		ELITE	49:29
60	228		M	HENRY	MANTAKA	41	IND	49:40
61	861		F	ANDREA	WILLIAMS	25	OLD SELBORNIAN	49:46
62	344		M	REINHARDT	VAN VUUREN	19	PEAAC	49:53
63	259		M	SAMSON	MANOPT	38	AMANDELBULT	49:55
64	438		M	RIAAN	BARNYARD	38	ELITE	50:04
65	863		M	JOHN	DDINDI	33	NMMU	50:09
66	360		M	SAMUEL	MATANZIMA	69	ABERDARE	50:10
67	392			UNKNOWN	UNKNOWN		UNKNOWN	50:32
68	223		F	INGRID	KOVABER	29	IND	50:34
69	256		M	NELESA	JAGANATH	26	EENSTOWN HARRIE	50:41
71	379		M	LIZ	GRUNDLINGH	60	MUIRITE STRIDERS	50:49
70	330		M	FRANS	VAN HEUSDEN	57	SPAR WALMER	50:51
72	253		M	ECKART	SCHUMANN	62	BODY CONCEPT	51:29
73	429		M	CLIFFORD	HICKEN	50	ELITE	51:40
74	443		F	HERMIE	FISHER	40	ADT	51:44
75	377		M	THEUNS	FERREIRA	29	UNKNOWN	51:52
76	868		M	THEMBESILE	NTALVI	59	ABERDARE	52:07
77	390		F	ELSA	DE VILLIERS	48	IND	52:08
79	869		M	ANDRIES	BARTHERS	43	ELITE	52:12
78	294		M	MICHAEL	ROONEY		HARARE AC	52:14
80	441		F	DESIREE	TITUS	42	SPAR WALMER	52:18
81	281		M	CLIFFORD	MKHIZE	42	HARARE AC	52:47
82	376		M	WILLIAM	GROBLER	59	ELITE	52:49
83	430		M	NIC	SNYMAN	63	JEFFREYSBAY	53:11
84	276		M	SIFISO	XABA	32	CHESTERVILLE	53:27
85	264		M	STEPHEN	COETZEE	52	BLUEWATER ABY	53:28

86	406		M	DANIEL	GRIMES	16	RALEIGH	53:47
87	887		M	BUYILE	PETROS	55	ABERDARE	54:09
88	297		F	DORIS	LIBERTY	47	ELITE	54:38
89	371		F	MONICA	KEMP	52	ADT	54:44
90	289		M	MARIUS	SCHOLTZ	43	ST ALBANS	54:51
91	874		F	LIENKIE	KEMP	27	JEFFREYSBAY	54:53
92	399		M	MICHAEL	SLATER		NMMU	54:57
93	409			UNKNOWN	UNKNOWN		UNKNOWN	55:01
94	308		M	M	BESTER	20	ACHILLES	55:03
95	365		M	ANDRE	PIENAAR	44	SPAR WALMER	55:07
96	238		M	STEPHEN	VAN ASWEGEN	18	IND	55:13
97	299		M	ANDRE	ROSS	33	BODY CONCEPT	55:16
98	323		F	JANETTE	WOOD	48	HARMONY	55:18
99	433		M	MARIUS	NEL	49	DESPATCH	55:23
100	331		F	ANTOINETTE	COETZEE	43	CHARLO	55:23
101	261		M	WIMPIE	HERBST	46	BLUEWATER BAY	55:56
102	296		M	ROBIN	CYROLIES	36	IND	56:07
103	403		F	ALETTA	JOUBERT	45	CRUSADERS	56:08
104	391		F	ALET	DE VILLIERS	17	IND	56:12
105	881		M	STARLYNNE		39	VW	56:13
106	397		F	LINDIE	BARNARDO	23	NMMU	56:24
107	400		M	PAUL	STANDER	23	UNKNOWN	56:25
108	886		M	CHRIS	BEKKER	54	DESPATCH	56:27
109	394		M	GERALD	STRUWIG		UNKNOWN	56:27
110	342		M	IVAN	COWLEY	47	HARMONY	56:30
111	401		M	JOHANN	HORAK	54	IND	56:34
113	374		M	DANIEL	FERREIRA	49	ELITE	56:49
112	298		M	RICHARD	LIBERTY	28	ELITE	56:57
114	266		F	TERRAY	NEWCOMBE	16	HARMONY	57:09
116	364		M	ALAN	PENNEY	60	SPAR WALMER	57:14
115	361		M	LOYNNES	JENKERSON	66	SPAR WALMER	57:15
117	285		F	SANDRA	LYONS	38	ELITE	57:19
118	272		M	PATRICK	WILLIAMS	37	IND	57:39
120	353		F	NICOLA	SWANEPOEL	21	IND	57:50
119	273		M	GARY	KELLEHER	50	IND	57:53
121	385		M	ARNOLD	RAS	45	MUIRITE	58:03
122	305		M	REON	VAN RENSBURG	35	NEW BALANCE	58:08
123	356		F	LYNETTE	SMUTS	41	IND	58:28
124	428		F	CARMARIN	VAN EYK	25	ELITE	58:37
126	425	737	F	ROSE	JOUBERT	46	CRUSADERS	58:38
125	424		M	ANDY	DEALTRY	51	CRUSADERS	58:40
127	229		F	RONEL	BLIGNAUT	27	ELITE	58:43
128	280		M	HENDRIK	SCHOLTZ	49	PEAAC	58:51

129	293		F	MANDY	VROOM	26	IND	58:52
130	431		F	RETHA	SNYMAN	60	JEFFREYSBAY	59:26
131	862		F	INGRID	DE MONK	40	X-CEL	60:02
132	418		F	RONEL	BENCE	46	ELITE	60:04
133	417		M	DAVID	VAN DER VYFFER	33	CHARLO	60:07
134	216		F	CHERYL	VAN NIEKERK		UNKNOWN	60:08
135	219		F	KATHY	FLETCHER	43	UNKNOWN	60:09
136	225		M	ROBEY	MACDONALD	25	IND	60:13
137	396		F	CATHY	ALLERS		DESPATCH	60:15
138	439		F	LAETITIA	SMITH	38	DESPATCH	60:29
139	419		M	CAMERON	JAMES	20	IND	60:37
140	244		F	MARYKA	ELS	47	DESPATCH	60:53
141	415		M	NEVILLE	MARTIN	47	SPAR WALMER	60:58
142	314		M	PIET	SNYMAN	48	NMMU	1:01:04
143	269		F	SANET	VAN NIEKERK	38	IND	1:01:14
144	420		M	FRANKLIN	DE MONK	40	X - CEL	1:01:21
145	267		F	CARA	MALLET	38	MUIRITE STRIDERS	1:01:21
146	271		M	GEORGE	WINSHIP	42	MUIRITE STRIDERS	1:01:28
147	318		F	DOROTHY	HART	69	PEAAC	1:01:29
148	303		M	CHARLES	GOLDSWAIN	23	PEAAC	1:01:34
149	864		M	RICHARD	EWAN	41	IND	1:02:09
150	254		F	MARGOT	CHRISTIE	28	IND	1:02:18
152	856		M	COLIN	MURRAY	52	CRUSADERS	1:02:19
151	310		F	ANGELA	ROMSLEY	38	ADT	1:02:20
153	237		M	GERSTON	COETZEE	27	IND	1:02:30
154	339		M	LLEWELLYN	WILLIAMS	53	BLUEWATER BAY	1:02:33
155	375		F	RONEL	NIKSCH	44	ELITE	1:02:49
156	222		M	ANTON	LABUSCHAGNE	34	UNKNOWN	1:02:53
157	215		M	MAXWELL	SIPHEZI	38	UNKNOWN	1:03:00
159	366		F	ANUSHA	NAIDU	40	CHARLO	1:03:02
160	284		M	S	MKOKELI		UNKNOWN	1:03:02
158	283		M	L	HAYA	25	UNKNOWN	1:03:16
161	221		F	ANTOINETTE	DU PREEZ	43	UNKNOWN	1:03:20
163	359		F	CHRISNA	LANG		UNKNOWN	1:03:21
162	378		F	ALIDA	DASSONVILLE	59	UNKNOWN	1:03:38
164	894		M	RALTON	TERBLANCHE	45	LEGACY	1:03:52
165	236		F	RITA	BOUCHER	57	SPAR WALMER	1:03:53
166	340		M	SELWYN	SOLOMON	69	CRUSADERS	1:04:14
169	224		M	GERALD	HILLS	23	IND	1:04:16
167	381		F	LINDA	PAUTZ		UNKNOWN	1:04:17
168	367		M	ANTONIE	GROBLER	55	ELITE	1:04:20
170	422		F	THERESA	LEMMER	42	WALMER	1:04:30
171	279		F	MARIAAN	LANDMAN	42	ELITE	1:04:36

172	286		M	ANDRIES	THYSSE	52	IND	1:04:40
173	265		M	ERROL	ROSSOUW	57	PEAAC	1:04:58
174	351		F	LARRAE	WOLMARANS	48	IND	1:05:08
175	301		F	CHARLENE	DE CONING	43	SPAR WALMER	1:05:16
176	388	1556	M	DANTE	RADEMEYER	46	HARMONY	1:05:47
177	218		M	JP	DU PREEZ	15	UNKNOWN	1:05:51
178	213		F	HANLI	STEFFENS	40	UNKNOWN	1:05:52
179	220		F	CORNER	STEYNBERG	37	UNKNOWN	1:05:56
180	343		M	RENIER	VAN VUUREN	50	PEAAC	1:06:10
181	373		F	DIANE	JOLLY	46	ADT	1:06:17
182	250		M	MARK	BARRY	45	IND	1:06:37
183	445		F	DIANNE	HARTZENBERG	48	HARMONY	1:06:38
184	446		M	JOHN	PEO	58	HARMONY	1:07:04
185	282		F	HELOUISE	ERASMUS	26	NMMU	1:07:20
186	892		F	ADELE	NEL	48	VW	1:07:21
187	893		M	JOHAN	NEL	51	VW	1:07:29
188	442		F	REHANA	DE MAINE	40	SPAR WALMER	1:08:05
189	231		F	HENDRINA	CLAASEN	51	DESPATCH	1:08:06
190	230		M	NICHOLAAS	CLAASEN	54	DESPATCH	1:08:11
191	263		F	SYLVIA	EDWORTHY	43	PEAAC	1:08:16
192	858		F	VERONICA	BOSHOFF		UNKNOWN	1:08:16
193	876		M	PHIL	NIMAN	52	CRUSADERS	1:08:22
194	873		M	JAMES	HAY	51	CRUSADERS	1:08:40
195	270		F	ORGIA	NELL	64	MUIRITE	1:10:55
196	369		M	ANTON	SCHOLTZ	43	PEAAC	1:11:05
197				C	VAN DER MERWE		UNKNOWN	1:11:16
198	232		M	ANDRE	COETZER	36	IND	1:12:04
199	354		F	MARTIE	SCHULTZ	60	IND	1:12:06
200	891		F	MARIZAAN	KEMP	46	IND	1:12:18
201	319		F	DEBBIE	OELOFSE	60	LEGACY	1:13:05
202	227		M	HENRY	JORGENSEN	69	CHARLO	1:13:22
203	426		F	JEAN	DAWOOD	28	IND	1:13:30
204	260		M	STEPHEN	DOLLER	47	IND	1:13:31
205	255		F	ALICIA	BOCK	24	IND	1:13:35
206	226		F	SHIRLEY	JORGENSEN	66	CHARLO	1:13:49
207	859		F	CAROLINA	ANSE V RENSBURG		RALEIGH	1:13:52
208	374		M	MARIUS	GREYLING	50	ELITE	1:14:00
210	363		F	SILVIA	JONCK	45	SPAR WALMER	1:14:00
209	338		F	DENISE	TERBLANCHE	60	SPAR WALMER	1:14:34
211	878		M	TREVOR	DANIELS	51	PEAAC	1:15:12
212	326		F	ISABELLA	CHILDS	66	SPAR WALMER	1:15:33
213	402		F	LINDA	TRUSCOTT		UNKNOWN	1:16:02
214	333		F	STEPHANIE	HAY	52	UNKNOWN	1:17:07

215	413		F	KAMLENE	GOLIATH		EBENEZER	1:17:15
216	412		F	ELEANOR	MUNIZ	47	EBENEZER	1:17:17
217	408		F	MARGARET	DAVIDSON	51	IND	1:17:47
218	358		M	BRIAN	SMITH	64	PEAAC	1:18:32
219	368		M	MARINDA	SCHOLTZ	39	PEAAC	1:19:18
220	405		M	PETRUS	DE JAGER	68	IND	1:19:28
221	309		M	LANCE	PETRIS	15	IND	1:19:32
222	890		F	CATHY	CORNMILL	47	CHARLO	1:19:52
223	243		F	ELSEBE	TERBLANCHE	40	DESPATCH	1:20:10
224	311		F	TERTIA	COETZEE	48	DESPATCH	1:20:10
225	288		F	GENEVIEVE	LAYCOCK	38	RALEIGH	1:20:19
227	248		F	CINDY	LONG	25	IND	1:20:20
226	249		F	ROSALIE	SINGH	24	IND	1:21:01
228	386		F	ANNELIE	CRUYWAGEN	54	WALMER	1:21:12
229	287		F	JANICE	BELL	43	NMMU	1:21:20
230	235		F	ANITA	COETZEE	34	IND	1:21:27
231	233		F	PAM	LOTTER	59	IND	1:21:28
232	234		M	CHRIS	LOTTER	60	IND	1:22:15
233	410		F	JOAN	SENEKAL	55	IND	1:22:33
234	432		F	LEE-ANN	GARDNER	45	IND	1:22:56
235	411		F	ANGELINE	KIVEDO	61	SPAR WALMER	1:25:21
236	395		F	ERIKA	STRUWIG	39	DESPATCH	1:26:08
237	437		F	TERSIA	DE JAGER	62	PEAAC	1:26:52
239	240		F	SANET	LEE	36	IND	1:26:53
238	421		F	CAROL	VAN DEN BERGH	29	UNKNOWN	1:26:55
240	241		F	BENITA	POSTHUMUS	36	IND	1:27:46
241	352		F	MARTIE	VORSATZ	58	IND	1:27:56
242	350		F	ERICKA	SWART	49	IND	1:27:57
243	349		M	DERRICK	SWART	48	IND	1:28:16
244	313		F	VUYISWA	KWEZI	40	IND	1:28:17
245	252		F	JENNA	KENDRICK	21	IND	1:28:31
246	380		F	RINA	BARNARD	54	ELITE	1:28:41
247	355		F	VAL	SANDOW	62	SPAR WALMER	1:29:03
248	274		F	MARIA	VERMAAK	40	IRENE A C	1:30:45
249	341		F	SYLVIA	PRITCHARD	74	CRUSADERS	1:33:28
250	214		F	KHOLEKA	TUNGELA	35	UNKNOWN	1:34:51
251	883		F	ANDREA	SANDERSON	24	IND	1:35:26
252	217		F	NOXOLO	NOLVE		UNKNOWN	1:38:28
253	246		F	BELINDA	CUMMINGS	42	IND	1:38:36
254	440		F	MARY	DANIELS	53	UNKNOWN	1:44:33
255	865		F	MICHAELA	EWAN	11	IND	1:44:48
256	345		F	ERIKA	ZEELIE	43	LEGACY	1:47:57
257	866		F	CHRISTINE	EWAN	34	IND	

66	350		M	JOHN	ODINDI	33	NMMU	
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