

POS	INITIAL	SURNAME	CLUB	GENDER	AGE	RACE NO	TIME
1	B	MOENG	TRANSWERK	M	24	2914	00:30:10
2	D	DEGENE	HARMONY	M	30	2450	00:30:16
3	R	MAVUSO	MR PRICE	M	29	2461	00:30:41
4	M	MOHALE	POWERADE	M	22	2924	00:31:19
5	J	LETSHOLO	TRANSWERK	M	22	2913	00:31:20
6	C	PARURA	HARMONY	M	20	2783	00:31:36
7	M	ONDO	RAIDERS	M	24	3109	00:32:08
8	G	NCORDOF	GAUTENG STRIDERS	M	42	2451	00:32:15
9	A	TOO	GLOBAL (KENYA)	M	21	2127	00:32:21
10	S	CHIRCHIR	HARMONY	M	23	2128	00:32:43
11	E	LAGAT	PPMK	M	30	2919	00:32:44
12	W	MUTAI	HARMONY	M	21	2152	00:32:59
13	M	KGWATLHA	NORTHAM	M	32	532	00:33:09
14	D	MOTHIBE	HARMONY	M	45	2493	00:33:52
15	S	MMATLE	HARMONY	M	34	3942	00:33:58
16	K	TSHIFIWA	MR PRICE	M	26	2150	00:34:02
17	S	LETHULATSHIPI	POWERADE	M	20	2925	00:34:15
18	S	MASAI	HARMONY	M	33	2921	00:34:31
19	M	BANGANI	HARMONY	M	42	2125	00:34:39
20	A	MOKOENA	INDIVIDUAL	M	20	2922	00:34:48
21	M	DE ABREU	TUKS	M	18	2219	00:35:01
22	O	MASEKO	ILANGA	M	19	2260	00:35:11
23	V	MABUZA	POWERADE	M	21	2926	00:35:36
24	J	KATENGE	GLOBAL (KENYA)	F	24	2920	00:35:37
25		UNKNOWN				2528	00:35:55
26	S	RANOTO	INDIVIDUAL	M	20	2452	00:36:08
27		UNKNOWN	ADT	M	27	2450	00:36:22
28	S	MASHILOANE	HARMONY	M	37	2507	00:36:23
29	E	MOLOBI	INDIVIDUAL	M	24	3917	00:36:24
30	A	ANNANDALE	NEW BALANCE	M	17	2841	00:36:30
31	W	PHALE	CARLTON	M	35	2351	00:36:32
32	V	MHLABA	ESKOM GIJIMAS	M	42	2551	00:36:40
33	A	LEEJW	GAUTENG STRIDERS	M	16	3095	00:37:04
34	A	BADENHORST	IRENE	M	17	245	00:37:05
35	W	MANULA	ILANGA	M	30	2994	00:37:13
36	D	MOGOPA	ACE	M	35	2775	00:37:33
37	M	MNYAKANI	INDIVIDUAL	M	23	2197	00:37:39
38	R	THOMAS	HARMONY	F	35	3746	00:37:40
39	J	MOLEPO	CORRECTIONAL SERV	M	42	2201	00:37:43
40	B	NURAPE	INDIVIDUAL	M	30	2930	00:37:49
41	A	MAKHUBELA	ADT	M	34	4170	00:37:51
42	V	SHINDI	HARMONY	F	19	2442	00:37:52
43	M	ENGELBRECHT	JEUGIES	M	17	2963	00:37:59
44	S	SIBAYA	GAUTENG STRIDERS	M	34	3007	00:38:01
45	J	RATSELA	ILANGA	M	37	2254	00:38:09
46	J	JOHN	ILANGA	M	24	2477	00:38:18
47	M	MODIPAME	MAZDA	M	27	4042	00:38:30
48	A	KHOZA	ILANGA	M	21	2443	00:38:40
49	D	GONCALVES	MARITIMO	M	31	2978	00:38:53
50	M	MAHOHOMA	HARMONY	F	27	2439	00:38:54
51	W	GRIMES	INDIVIDUAL	M		3766	00:39:09
52	L	MAKKINK	TRANSWERK	M	16	3941	00:39:24
53	G	BURNETT	INDIVIDUAL	M	39	2240	00:39:37
54	S	V STADEN	RANDBURG HARRIERS	M	28	2525	00:39:47
55	S	NKGODI	FARANANI	M	34	3137	00:39:54

56	M	MABETWA	HARMONY	M	29	2410	00:39:57
57	T	SIBANYONI	BEEFCOR	M	30	4056	00:40:20
58	C	WEST	BEDFORDVIEW	M	43	2620	00:40:25
59	M	FILMALTER	TUKS	F	26	2960	00:40:26
60	F	VILJOEN	ROODEPOORT	M	22	2781	00:40:53
61		UNKNOWN	ARCADIA	M	32	2190	00:41:01
62	C	SHONGWE	ILANGA	M	26	2638	00:41:01
63	A	BREYTENBACH	IRENE	F	46	1532	00:41:09
64	K	BREYTENBACH	IRENE	M	50	1533	00:41:11
65	G	HATTINGH	ZWARTKOP HOERSKOOL	M	18	2193	00:41:12
66	C	SMITH	RUNNING INN	M	26	2660	00:41:18
67	G	HASSENKAMP	PHOBIANS	M	35	2657	00:41:19
68	M	V NIEKERK	MAGNOLIA	M	56	2890	00:41:44
69	M	RATHBONE	MAGNOLIA	M	35	2965	00:41:50
70	M	BASITERE	FARANANI	M	26	2177	00:41:53
71	X	NKAMBULA	PHOBIANS	M	23	3914	00:42:06
72	R	NEETHLING	AS EAGLES	M	17	2985	00:42:07
73	P	NENE	INDIVIDUAL	M	22	3093	00:42:12
74	A	ASHLEY	ENDURO	M	15	3085	00:42:18
75	C	STURDY	TUKS	M	33	2523	00:42:22
76	G	SWART	PMK	M	52	2580	00:42:26
77	J	MAHLANGU	FARANANI	M	39	2485	00:42:33
78	N	BEETON	INDIVIDUAL	M	30	2939	00:42:37
79	E	MOLOELE	INDIVIDUAL	M	33	2539	00:42:41
80	C	SOMERS	ILANGA	M	28	2427	00:42:41
81	L	MARAIS	OVERKRUIN	M	21	2771	00:42:41
82	L	SAAYMAN	IRENE	F	42	2838	00:42:42
83	V	CLOETE	TUKS	M	33	2501	00:42:43
84	A	LOOCK	AGAPE	F	39	2433	00:42:43
85	M	MEYER	TUKS	F	22	2534	00:42:44
86	H	HILGARD	INDIVIDUAL	M	40	3087	00:42:44
87	P	JOUBERT	INDIVIDUAL	M	39	2511	00:42:45
88	I	PLASKITT	VARSITY SPORT	F	25	2968	00:42:49
89	S	TSHABALALA	CARLTON	M	38	3780	00:42:55
90	E	RARANE	ELIM CLINIC	M	39	3094	00:43:04
91	J	CAMARA	MARITIMO	M	36	2979	00:43:33
92	A	JANSEN	HARMONY	M	17	2129	00:43:36
93	J	MUDAU	HARMONY	F	44	2916	00:43:48
94	B	ZAK	AGAPE	M	17	4038	00:43:59
95	L	RAMAVHALE	FARANANI	M	29	3148	00:44:00
96	M	MUTAVHATSINDI	BMW	M	30	2383	00:44:02
97	G	MCNAIR	INDIVIDUAL	M	24	2969	00:44:02
98	J	STURDY	TUKS	F	30	2522	00:44:06
99	H	JOOSTE	NEW BALANCE	M	46	2644	00:44:10
100	M	BASSON	DOSCO ETS GIJIMAS	M	48	517	00:44:11
101	M	MDAWE	INDIVIDUAL	M	29	3136	00:44:11
102	M	FOURIE	AGAPE	M	46	4000	00:44:22
103	E	BARTMANN	VARSITY SPORT	M	24	2852	00:44:25
104	D	MORRISON	AGAPE	M	32	2318	00:44:34
105	P	MAHLANGU	PTA ACADEMIC HOSPITAL	M	30	1141	00:44:38
106	C	PYPER	PMMC	F	43	3999	00:44:42
107	W	MULDNER	CENTURION AC	M	33	2117	00:44:43
108	A	NIENABER	AS EAGLES	M	22	2045	00:44:43
109	N	SMIT	INDIVIDUAL	F		2143	00:44:51
110	R	DE KOCK	IRENE	F	17	2578	00:44:52
111	M	MOLEBATSI	MADIBENG	M	30	2777	00:45:23

112	J	APPEL	AGAPE	M	37	2011	00:45:29
113	M	BADENHORST	IRENE	F	22	2846	00:45:36
114	A	ALDRIDGE	ZWARTKOP HOERSKOOI	M	14	2786	00:45:36
115	F	MASHIANE	INDIVIDUAL	M	34	2208	00:45:38
116	S	LAXTON	RAC	F	59	3127	00:45:43
117	Y	VAN SCHALKWYK	FORTIS NOORD	F	39	2520	00:45:47
118	F	VAN BLERK	HARMONY	F	52	2492	00:45:48
119	J	SAAYMAN	IRENE	M	39	2463	00:45:51
120	J	DE WET	HARMONY	M	52	2936	00:45:54
121	S	DU PLESSIS	AGAPE	F	45	2636	00:46:19
122	A	KINGSLEY	IRENE	M	34	2643	00:46:29
123	J	OOSTHUIZEN	NDABA	M	34	2787	00:46:30
124	M	WILLIAMS	PMMC	M	44	3954	00:46:32
125	A	VILJOEN	IRENE	F	43	2471	00:46:40
126	R	RABASOTHO	INDIVIDUAL	M	36	2891	00:46:48
127	T	MAUBANE	MEADOWLANDS	M	32	2981	00:46:49
128	T	MUNDALAMO	ARCADIA	F	31	2169	00:46:50
129	C	MOHLAKOANA	INDIVIDUAL	M	35	2170	00:46:51
130	I	GRIMES	MATIES	F	20	3767	00:46:52
131	H	MOUTON	AGAPE	M	19	2810	00:46:55
132	J	NTSIME	AFROX BRITS	M	46	2265	00:46:59
133	R	METSHIYA	INDIVIDUAL	M	25	2437	00:47:01
134	R	MAHLATJIE	RESERVE BANK	M	37	2382	00:47:14
135	D	SCHOLTZ	TUKS	M	34	2950	00:47:15
136	J	PIETERSE	AKASIA	M	37	2519	00:47:16
137		UNKNOWN				2616	00:47:20
138	F	SMIT	HARMONY	M	32	2538	00:47:22
139	P	ROWLANDS	MIDRAND CS	M	40	2894	00:47:25
140	P	LOOCK	AGAPE	M	58	2432	00:47:27
141	N	MAHLANGU	TUKS ALUMNI	M	44	2203	00:47:29
142	J	MAUBANE	ZWAKALA	M	34	2122	00:47:31
143	S	DU PLESSIS	INDIVIDUAL	F	31	3098	00:47:39
144		UNKNOWN		M	26	2892	00:47:43
145	L	CALVIN	INDIVIDUAL	M	24	2942	00:47:43
146	B	MELWICK	INDIVIDUAL	M	39	2943	00:47:44
147	J	SMITH	NEW BALANCE	M	46	2483	00:47:52
148	L	GRIMES	INDIVIDUAL	F	14	3765	00:48:03
149	L	V BENECKE	RWFL	M	42	2760	00:48:11
150	D	CULLINAN	IRENE	M	44	2959	00:48:14
151	F	RAMASHE	INDIVIDUAL	M	19	2354	00:48:24
152	I	LAZARUS	HQH	M	54	2670	00:48:26
153	M	TIYANE	BEEFCOR	M	26	4054	00:48:33
154	J	JV VUUREN	INDIVIDUAL	M	29	3080	00:48:44
155	R	EGGINTON	MST AC	M	38	2667	00:48:46
156	G	ADRIAANSE	ENDURO	M	45	2535	00:48:49
157	W	KHOSA	INDIVIDUAL	M	37	2800	00:48:51
158	J	DE BEER	AKASIA	M	54	3798	00:48:52
159	H	SPOORMAKER	INDIVIDUAL	M	49	2041	00:48:53
160	L	STOLS	INDIVIDUAL	F	29	2459	00:48:57
161	L	LIEBENBERG	KENTRON	F	39	2776	00:49:07
162	M	KLEINSMNIT	TRANSWERK	M	65	2229	00:49:10
163	P	DU PONT	RESERVE BANK	M	43	4002	00:49:14
164	R	BOYD	HQH	M	58	2088	00:49:17
165	R	JORDAAN	IRENE	M	34	2642	00:49:19
166	T	PRINSLOO	IRENE	F	43	2023	00:49:20
167	M	BUYS	AFFIES	F	17	2937	00:49:21

168	I	GONCALVES	MARITIMO	F	30	2980	00:49:32
169	C	CALLAGHAN	ENDURO	M	54	2112	00:49:35
170	J	JOUBERT	INDIVIDUAL	M		2656	00:49:39
171	S	MOKOENA	INDIVIDUAL	M	27	2788	00:49:40
172	L	TSHUKUNDAMALEMA	FARANANI	M	26	2253	00:49:42
173	J	RIOS	INDIVIDUAL	M	43	4015	00:49:43
174	C	SMIT	TUKS	M	33	2828	00:49:45
175	K	RAMUNASI	FARANANI	M	40	2931	00:49:47
176	D	TALJAARD	IRENE	F	47	2078	00:49:50
177	J	NTULI	DLA	M	35	2912	00:50:02
178	A	BOOYENS	INDIVIDUAL	M	49	2420	00:50:02
179	B	BARNES	INDIVIDUAL	M		2371	00:50:10
180		UNKNOWN				2393	00:50:10
181	B	MOENG	INDIVIDUAL	M	45	2052	00:50:23
182	J	BUYS	PPMK	M	50	2938	00:50:24
183		UNKNOWN				2482	00:50:29
184	M	FURRIEL	MARITIMO	M	60	2234	00:50:41
185	E	MEYER	ENDURO	M	32	2792	00:50:49
186	M	STEINMANN	AGAPE	F	40	2043	00:50:50
187	H	MATTHEUS	AGAPE	M	34	2239	00:50:50
188	V	SPIES	TUKS	F	55	2124	00:50:51
189	J	UYS	HARMONY	M	47	2209	00:50:51
190	C	SMUTS	EXXARO	M	40	3960	00:50:56
191	V	MAHLANGU	BEEFCOR	M	28	4055	00:50:57
192	D	BARNES	INDIVIDUAL	M	29	2481	00:50:57
193	S	MEYGE	TUKS	M		2867	00:51:00
194	S	MAHLANGU	TRANSWERK	M	24	2147	00:51:00
195	C	STORM	ENDURO	M	37	3086	00:51:02
196	E	ITURRALDE	INDIVIDUAL	F	42	4014	00:51:06
197	C	BOTHA	INDIVIDUAL	M	41	3794	00:51:09
198	C	V ECK	MENLO PARK	F	15	3761	00:51:18
199	M	VD WALT	VARSITY SPORT	F	51	3931	00:51:32
200	C	VD MERWE	SOLIDARITEIT	M	49	2915	00:51:33
201	A	AZWINDINI	FARANANI	M	29	2847	00:51:35
202	E	BARKER	INDIVIDUAL	M	21	2805	00:51:36
203	G	GEORGE	INDIVIDUAL	M		930	00:51:45
204		UNKNOWN				2796	00:51:46
205	H	SPANGENBERG	INDIVIDUAL	M	24	2195	00:51:59
206	E	NAUDE	SOLIDARITEIT	F	41	2956	00:52:03
207	L	BOTHA	CENTURION AC	F	35	2119	00:52:03
208	J	ADRIAANSE	ENDURO	F	43	2536	00:52:06
209	M	QUAN	IRENE	M	34	2870	00:52:07
210	D	SMIT	INDIVIDUAL	M		2144	00:52:10
211	F	RENVILLE	INDIVIDUAL	M	46	2910	00:52:13
212	M	PRINSLOO	IRENE	M	38	4022	00:52:16
213	P	TEESHALL	INDIVIDUAL	M		2663	00:52:21
214	M	LAGERWALL	TUKS	F	19	2541	00:52:22
215	C	VAN DER WATT	INDIVIDUAL	F	26	4159	00:52:23
216	A	VAN DER BERGH	FIT 2000	F	48	2007	00:52:31
217	S	MARAIS	IRENE	F	15	3788	00:52:33
218	N	MARAIS	IRENE	M	45	3787	00:52:33
219	T	SWART	PPMK	M	48	2513	00:52:35
220	D	BEKKER	TUKS	M	17	2884	00:52:39
221		UNKNOWN				2155	00:52:47
222	P	BIYELA	INDIVIDUAL	F	30	2181	00:52:47
223	R	TSHEPO	PTA ACADEMIC HOSPITAL	M	27	2409	00:52:48

224	E	SPOORMAKER	INDIVIDUAL	F	47	2430	00:52:48
225	N	SKHOSANA	ILANGA	F	27	2141	00:52:49
226		UNKNOWN				2876	00:52:55
227		UNKNOWN				2877	00:52:55
228	D	DU PLESSIS	AGAPE	M	51	2637	00:52:56
229	G	BRUNI	INDIVIDUAL	M	27	4161	00:52:57
230	R	LEE	INDIVIDUAL	M	35	2862	00:52:59
231	G	DAMO	INDIVIDUAL	M	31	2878	00:52:59
232	C	VENTER	IRENE	F	33	4045	00:53:13
233	H	DE HELLO	INDIVIDUAL	M	53	2465	00:53:29
234	L	LOUISE	INDIVIDUAL	F		4179	00:53:30
235	E	VAN RENSBURG	INDIVIDUAL	F	47	3977	00:53:31
236	S	VLYATE	KHOSA	M	43	2577	00:53:32
237	J	NEL	INDIVIDUAL	M	23	2789	00:53:33
238	M	VENTER	INDIVIDUAL	F	58	2019	00:53:43
239	D	FROST	TUKS	M	51	2244	00:53:46
240	B	HILL	IRENE	F	41	2179	00:53:47
241	T	DE VILLIERS	INDIVIDUAL	M	30	2484	00:53:49
242	P	FERREIRA	IRENE	M	36	2509	00:53:55
243	C	GRANT	IRENE	M	32	2508	00:53:55
244	R	DU PLESSIS	RUSTENBURG	M	30	2821	00:53:56
245	P	MARITZ	INDIVIDUAL	M		2476	00:54:00
246	L	THIPE	SAPS	M	33	2071	00:54:02
247	T	MPHAHLELE	INDIVIDUAL	M	34	563	00:54:04
248	M	COETZEE	MAGNOLIA	M	75	2889	00:54:08
249	A	BARIT	WANDERERS	M	18	2627	00:54:19
250	A	SCHOLTZ	AGAPE	M	34	3791	00:54:22
251	R	LE ROUX	AGAPE	M	52	2991	00:54:28
252	N	MCDONALD	INDIVIDUAL	F	30	2336	00:54:29
253	C	BESTER	INDIVIDUAL	M	32	2076	00:54:32
254	J	MASEMOLA	INDIVIDUAL	M	40	2801	00:54:37
255	K	DU PLESSIS	INDIVIDUAL	M	48	4040	00:54:39
256	B	ELS	OVERKRUIN	M	43	2827	00:54:40
257	K	THOMAS	AS EAGLES	F	22	2083	00:54:42
258	N	ZENZILE	FARANANI	F		2241	00:54:45
259		UNKNOWN				1143	00:54:46
260	S	RADEMEYER	ALPHA CENTURION	F	33	3074	00:54:47
261	J	MALEKA	FARANANI	F		2242	00:54:48
262	J	VAN DEN BERGH	FIT 2000	M	40	2008	00:54:49
263	R	BINNEMAN	WARMBATHS	F	38	4103	00:54:50
264	P	FOURIE	FLORIDA	F	40	2151	00:54:51
265	H	MUIR	SUNNINGHILL	F	56	2166	00:54:52
266	N	BARNES	ENDURO	M	52	2458	00:54:53
267	H	RAMPATETSE	INDIVIDUAL	M	35	2066	00:54:54
268	T	KOEKEMOER	MARITIMO	F	36	2233	00:54:54
269	S	RAKGOGO	AFFROX	M	36	2405	00:54:55
270	S	DOMAN	TUKS	F	25	2872	00:55:00
271		UNKNOWN				2640	00:55:01
272	T	MONAMA	INDIVIDUAL	M	31	3923	00:55:01
273				M	44	2210	00:55:02
274	C	VAN ZYL	IRENE	F	33	2918	00:55:06
275	C	CHUM	IRENE	F	35	4036	00:55:06
276	B	HARMS	INDIVIDUAL	F	58	2158	00:55:08
277	V	RAMPHELE	INDIVIDUAL	M	30	2566	00:55:13
278	K	ZAK	AGAPE	M	43	4039	00:55:13
279	A	ROBINSON	INDIVIDUAL	M	18	3746	00:55:14

280	C	UNGERER	INDIVIDUAL	M	14	2498	00:55:14
281	M	KAU	CSIR	M	38	2934	00:55:16
282	D	OLIVER	KRUGERSDORP	M	49	2171	00:55:22
283	S	GILLMAR	TUKS	M	24	2091	00:55:24
284	E	VAN ZYL	INDIVIDUAL	F	35	4135	00:55:26
285	H	BUSCH	INDIVIDUAL	M	46	2418	00:55:27
286	W	NELL	INDIVIDUAL	M	38	2417	00:55:28
287	Z	MOHAMED	ILANGA	F	40	3981	00:55:30
288	L	SITHOLE	INDIVIDUAL	F	19	2815	00:55:32
289	D	STRYDOM	INDIVIDUAL	F		2868	00:55:34
290	M	CALITZ	INDIVIDUAL	F	25	2851	00:55:35
291	G	STAPLES	INDIVIDUAL	F	26	2887	00:55:38
292	C	PRETORIUS	INDIVIDUAL	M	27	2840	00:55:40
293	A	DAVID	INDIVIDUAL	F	25	2962	00:55:41
294	I	GABRIELA	INDIVIDUAL	F	22	4013	00:55:43
295	E	GREEN	INDIVIDUAL	M	51	2202	00:55:47
296	K	CALLAGHAN	ENDURO	F	17	2113	00:55:50
297	G	CLARKE	FIT 2000	M	66	2853	00:55:54
298	C	BRITS	TUKS	M	44	3770	00:56:04
299	A	COMBRINK	ENDURO	M	37	3920	00:56:06
300	D	DE KOK	ENDURO	M	42	4010	00:56:09
301	L	BLIGNAUT	ENDURO	F	47	2490	00:56:10
302	H	VAN NIEKERK	INDIVIDUAL	F	42	2864	00:56:14
303	I	KOK	IRENE	F	38	2988	00:56:21
304	K	BROWN	INDIVIDUAL	F	39	4160	00:56:22
305		UNKNOWN				2797	00:56:27
306	L	LOOTS	TUKS	F	55	2953	00:56:31
307	P	MOTSWENE	CORRECTIONAL SERV	M	14	3979	00:56:33
308	A	BIERMAN	OVERKRUIN	M	38	3996	00:56:35
309	O	SWAN	HARMONY	M	38	3998	00:56:36
310	G	COMBRINK	EXXARO	F	16	3922	00:56:37
311	M	GATANA	SAPS	M	43	2070	00:56:38
312	W	BRITS	KEMPTON	M		2645	00:56:39
313	H	BEETGE	INDIVIDUAL	F	28	2639	00:56:40
314	F	VAN NIEKERK	INDIVIDUAL	M	46	2865	00:56:54
315	L	MYBURGH	STANDARD BANK	F	48	2882	00:56:57
316	K	MOKALE	INDIVIDUAL	F	31	2816	00:56:59
317		UNKNOWN				2613	00:57:00
318	M	CRONJE	INDIVIDUAL	M		2997	00:57:01
319		UNKNOWN				2989	00:57:06
320	K	SCHOEMAN	PMK	M	48	2398	00:57:09
321	G	GROBLER	INDIVIDUAL	M	47	3147	00:57:10
322	O	KOCK	INDIVIDUAL	F	29	2575	00:57:14
323	I	JOUBERT	INDIVIDUAL	F	31	3848	00:57:15
324	S	SAXBY	IRENE	M	54	2986	00:57:35
325	J	ELLMORE	IRENE	M	57	2996	00:57:35
326	M	GREEFF	INDIVIDUAL	F	36	2429	00:57:36
327	G	BOSCH	INDIVIDUAL	F	43	2428	00:57:37
328	M	DOMAN	TUKS	M	27	2871	00:57:39
329		UNKNOWN				2659	00:57:50
330	T	SETHOBA	ARCADIA	F	35	2811	00:57:54
331	D	VAN DER MERWE	IRENE	M	45	2831	00:57:57
332	R	BRINK	VARSITY SPORT	F	53	2958	00:58:00
333	R	MARREN	STELLENBOSCH	M	32	2957	00:58:01
334	H	MPHAHLELE	CORRECTIONAL SERV	M	15	2135	00:58:06
335	E	MALULEKE	INDIVIDUAL	M		3082	00:58:08

336	R	BOERSEMA	INDIVIDUAL	M	43	3135	00:58:08
337	I	BOERSEMA	INDIVIDUAL	F	42	3134	00:58:09
338	M	BRUNK	INDIVIDUAL	F		2023	00:58:09
339	T	MCFADYEN	PHOBIANS	F	23	3799	00:58:10
340	O	UECKERMAN	PMC	M	30	2315	00:58:11
341	O	UECKERMAN	PMC	M	53	2316	00:58:11
342	D	VENTER	INDIVIDUAL	M	59	2018	00:58:13
343		UNKNOWN				2562	00:58:15
344	L	LAGOA	PHOBIANS	M	50	2581	00:58:15
345		UNKNOWN				2515	00:58:16
346		UNKNOWN				2516	00:58:17
347	P	MALAN-CAMERON	KENTRON	M	30	2391	00:58:18
348	S	MAPHOSHA	INDIVIDUAL	M	33	2178	00:58:18
349	P	COOPER	NDABA	F	33	2012	00:58:23
350	S	SEKGOTHE	INDIVIDUAL	M	38	2935	00:58:24
351	P	SIKHWIYHILU	INDIVIDUAL	M	23	4187	00:58:28
352	B	MBILA	GAUTENG STRIDERS	M	30	3026	00:58:28
353	S	GEORGE	INDIVIDUAL	M	34	2479	00:58:29
354		UNKNOWN				2400	00:58:30
355	R	VISSER	TUKS ALUMNI	M	45	2080	00:58:31
356	D	JACOBS	PPMK	M	51	2799	00:58:34
357	C	CHARMAINE	INDIVIDUAL	F	35	4134	00:58:35
358	A	SCHEEPERS	VTM	F	41	2472	00:58:40
359	B	TEICHMAN	DRAFSTAP	F	39	2352	00:58:41
360	P	RAS	DRAFSTAP	M	46	2353	00:58:43
361	H	FLOOR	WINGATE	M	29	3084	00:58:46
362	W	VAN STADEN	RANDBURG HARRIERS	M	55	2524	00:58:49
363	N	KHALO	INDIVIDUAL	M	25	2990	00:58:52
364	F	TIZRA	INDIVIDUAL	M		4113	00:58:56
365	L	STEINMANN	INDIVIDUAL	F	21	2042	00:58:59
366	L	RICKETTS	INDIVIDUAL	F		3913	00:59:00
367	M	KARA	INDIVIDUAL	M	34	2859	00:59:02
368		UNKNOWN				2571	00:59:03
369	D	STEYN	INDIVIDUAL	F	32	2655	00:59:04
370	L	MILLS	AGAPE	M		2901	00:59:14
371	S	NAPE	INDIVIDUAL	M	28	4033	00:59:15
372	L	CHILOANE	INDIVIDUAL	M	32	2402	00:59:23
373	P	MASWANAGNYI	MARITIMO	F	15	4185	00:59:28
374	J	WEST	PMC	M	20	4046	00:59:30
375	L	UNGERER	INDIVIDUAL	M	17	2499	00:59:31
376	A	BUYS	INDIVIDUAL	M	22	2139	00:59:33
377	P	BADENHORST	CSIR	F	30	2875	00:59:37
378	R	PRETORIUS	NEW BALANCE	F	35	2807	00:59:43
379	D	KLUE	IRENE	M	43	2567	00:59:44
380	X	RADEBE	ILANGA	F	31	2955	00:59:45
381	N	SMIT	CSIR	F	30	2593	00:59:46
382	A	KLUGE	AGAPE	M	60	2599	00:59:47
383	D	ROUX	KEMPTON	M	68	4167	00:59:48
384	A	VAN ROOYEN	NDABA	M	68	3969	00:59:49
385	L	KLOPPER	AGAPE	M	42	2322	00:59:51
386	A	PELSER	ENDURO	F	37	2837	00:59:54
387	B	ASTRUP	INDIVIDUAL	M	31	2665	00:59:56
388	R	SAAYMAN	INDIVIDUAL	F	34	2784	01:00:00
389	A	PECHE	VAAL AC	F	56	2564	01:00:02
390	G	CIAMPI	INDIVIDUAL	M	36	2016	01:00:05
391	J	COETZEE	ESKOM GIJIMAS	M	56	2475	01:00:06

392	G	NAUDE	ACE	M	32	2983	01:00:06
393	J	OBERHOLZER	NEW BALANCE	M	40	4163	01:00:08
394	D	BOTES	IRENE	M	50	3092	01:00:11
395		UNKNOWN				2820	01:00:15
396		UNKNOWN				2819	01:00:15
397	C	SMIT	TRANSWERK	M	49	2341	01:00:15
398		UNKNOWN				2818	01:00:21
399	S	BRAID	ADVENTURE RUNNING	F	27	2579	01:00:21
400		UNKNOWN				2048	01:00:22
401	A	BEKKER	TUKS	M	19	2885	01:00:24
402		UNKNOWN				2803	01:00:25
403		UNKNOWN				2804	01:00:25
404	C	BUYS	INDIVIDUAL	F	30	2138	01:00:27
405	T	BLOEM	IRENE	M	39	2830	01:00:29
406	L	HARNOT	INDIVIDUAL	F	34	2669	01:00:29
407	F	WILLEMSE	INDIVIDUAL	M	43	3793	01:00:30
408	C	THEART	INDIVIDUAL	M	20	2547	01:00:32
409	I	STANTON	INDIVIDUAL	F		2548	01:00:33
410	D	LUKAE	INDIVIDUAL	F	26	2084	01:00:33
411	I	VILJOEN	INDIVIDUAL	F	21	2589	01:00:34
412	H	VILJOEN	INDIVIDUAL	M	61	2588	01:00:35
413	T	KOEKEMOER	MARITIMO	F	34	2233	01:00:41
414	T	SHAITU	PMMC	M	40	2474	01:00:42
415	J	MERVITZ	WINGATE	M	47	2932	01:00:42
416	C	NOBYE	IRENE	M		2641	01:00:45
417	M	FAASEN	AGAPE	F	51	2198	01:00:47
418		UNKNOWN				2970	01:00:47
419	F	SWART	AS EAGLES	M	47	2854	01:00:58
420	M	THOKA	INDIVIDUAL	M	31	4032	01:00:59
421	D	MERVYT	WINGATE	F	41	2933	01:00:59
422	J	MOSETHLA	INDIVIDUAL	M	44	2259	01:01:02
423	J	RAPOO	INDIVIDUAL	M	32	2512	01:01:02
424	S	ERASMUS	IRENE	F	60	2823	01:01:03
425	K	MAGWEGWE	ARCADIA	F	50	714	01:01:07
426	M	STEENKAMP	INDIVIDUAL	M	24	2272	01:01:12
427		UNKNOWN				2174	01:01:13
428	D	RETIEF	INDIVIDUAL			2176	01:01:18
429	M	MAKWARELA	INDIVIDUAL	F	27	2164	01:01:20
430	P	PITSO	INDIVIDUAL	F	25	4190	01:01:22
431	F	MAREE	INDIVIDUAL	M	53	2946	01:01:25
432	T	JIYANE	KALAFONG	F	24	2081	01:01:27
433		UNKNOWN				2456	01:01:30
434	H	VENTER	AGAPE	M	48	2031	01:01:31
435	P	JOUBERT	RWFL	M	54	3002	01:01:32
436	S	GROENEVELD	PMMC	M	63	2123	01:01:37
437	L	LE ROUX	AGAPE	F	47	2798	01:01:42
438	V	MLAMBI	INDIVIDUAL			2881	01:01:44
439	H	KARWOVSKY	RWFL	M	31	2607	01:01:48
440	I	WASSENAAR	INDIVIDUAL	F	22	4173	01:01:49
441	H	KRUYSHAAR	TUKS	M	29	4172	01:01:49
442	L	ROSS	INDIVIDUAL	F	38	2558	01:01:51
443	G	NKUNA	INDIVIDUAL	F	36	2266	01:01:51
444	C	RAUTENBACH	RANDMARK	M	14	4138	01:01:52
445	A	VAN STADEN	INDIVIDUAL			2185	01:01:52
446	N	NENE	INDIVIDUAL	F	16	3795	01:01:53
447	T	MASAKALE	INDIVIDUAL	M	25	2098	01:01:55

448	C	GILLIAN	INDIVIDUAL	F	22	3995	01:01:58
449	M	BOTHA	INDIVIDUAL	F	22	3991	01:01:59
450	A	ELS	INDIVIDUAL	F	52	2395	01:01:59
451		UNKNOWN				2397	01:02:00
452		UNKNOWN				3089	01:02:00
453		UNKNOWN				2585	01:02:01
454		UNKNOWN				2586	01:02:01
455	S	WATSON	INDIVIDUAL	F	22	2972	01:02:02
456	A	KATONA	RWFL	M	34	2036	01:02:02
457	H	DU PLESSIS	INDIVIDUAL	M		2611	01:02:03
458	C	UNGERER	INDIVIDUAL	M	36	2500	01:02:04
459	C	VAN WYK	SASOL	M	52	4188	01:02:05
460	D	DE LA GRAND	INDIVIDUAL	F	27	2883	01:02:06
461	S	BOSCH	NEW BALANCE	M	41	2866	01:02:08
462	S	VAN DER WATH	HARMONY	F	27	4057	01:02:12
463	B	APLEN	INDIVIDUAL	F	29	2160	01:02:13
464	E	SWART	MAGNOLIA	F	31	2945	01:02:14
465		UNKNOWN				2480	01:02:15
466		UNKNOWN				2668	01:02:19
467	S	FERREIRA	INDIVIDUAL	M	23	4020	01:02:20
468	S	FERREIRA	INDIVIDUAL	M	20	4021	01:02:22
469	E	REYNHARDT	INDIVIDUAL	F	38	2858	01:02:23
470	M	BRITZ	INDIVIDUAL	F	13	2623	01:02:28
471		UNKNOWN				2157	01:02:28
472	A	JACOBS	INDIVIDUAL	F	39		01:02:31
473	A	JACOBS	INDIVIDUAL	M	41	3956	01:02:34
474	C	BOERSMA	INDIVIDUAL	F	38	2822	01:02:34
475	B	BOERSMA	INDIVIDUAL	M	58	2825	01:02:35
476	S	STANTON	INDIVIDUAL			2549	01:02:35
477	M	VAN DER WALT	INDIVIDUAL	F		2431	01:02:36
478	W	SWART	INDIVIDUAL	M	17	2855	01:02:42
479		UNKNOWN				3025	01:02:45
480	T	DE WET	PVR	F	32	2530	01:02:46
481	D	LAKHOO	INDIVIDUAL	M	25	4175	01:02:47
482	T	BOOTHA	INDIVIDUAL	F	27	2900	01:02:48
483	M	BOTHA	INDIVIDUAL	M	29	2899	01:02:48
484	C	MOLOMO	ARCADIA	F	34	4009	01:02:54
485	M	FROST	RWFL	M	31	2651	01:02:59
486	N	DUMAKO	INDIVIDUAL	F	30	587	01:03:07
487	G	AGENBAG	INDIVIDUAL	F	35	3951	01:03:10
488	R	BROODRYK	FIT 2000	M	66	3967	01:03:12
489	S	BUSCH	INDIVIDUAL	F	41	2419	01:03:13
490	M	NELL	INDIVIDUAL	F	29	2416	01:03:13
491	A	ULYATE	KHOSA	F	43	2576	01:03:18
492		UNKNOWN				2196	01:03:19
493	A	WILLIAMS	INDIVIDUAL	F	39	2211	01:03:19
494	T	NGOBESE	INDIVIDUAL	M	35	4184	01:03:23
495	E	THOMAS	VARSITY SPORT	F	24	3930	01:03:34
496	K	KLUE	IRENE	F	39	2568	01:03:37
497	W	KRUGER	VARSITY SPORT	F	46	2282	01:03:42
498	J	COMBRINK	EXXARO	M	49	3921	01:03:47
499	K	GRIMBEEK	ARCADIA	F	27	2621	01:03:48
500	C	KAIRU	ARCADIA	M	31	2622	01:03:49
501	N	ERASMUS	INDIVIDUAL	F	43	2601	01:03:53
502	H	FOURIE	INDIVIDUAL	F		2602	01:03:54
503	A	VAN DER MERWE	TRANSWERK	M	67	2324	01:03:55

504	C	VAN WYK	MAGNOLIA	M	71	2416	01:03:56
505	J	JAINES	INDIVIDUAL	M	41	2259	01:03:56
506	J	KOLBER	INDIVIDUAL	M	41	2911	01:03:57
507	T	LOUBSER	CSIR	F	55	2653	01:03:58
508	J	BEKKER	TUKS	M	46	2886	01:03:59
509		UNKNOWN				2802	01:04:00
510	R	PATERSON	RWFL	M	54	2163	01:04:04
511	C	BEUKES	MAZDA	M	33	2587	01:04:05
512	S	MATSIMBE	SADAC	F	42	2270	01:04:06
513	S	CLAASEN	AS EAGLES	M	56	2658	01:04:07
514	T	NTOAGAE	INDIVIDUAL	M	27	2061	01:04:08
515	I	VOSLOO	PMMC	M	49	2768	01:04:12
516	G	HO	INDIVIDUAL	M	39	4035	01:04:14
517	A	WESO	PMC	M	53	4050	01:04:15
518		UNKNOWN				2189	01:04:18
519	S	BLOEM	IRENE	M	39	2829	01:04:19
520	A	WILLEMSE	INDIVIDUAL	F	39	3792	01:04:20
521	T	BRON	TUKS ALUMNI	F	48	2971	01:04:21
522		UNKNOWN				2666	01:04:23
523	T	SNYMAN	ESKOM GIJIMAS	M	44	3078	01:04:26
524	E	BUYS	INDIVIDUAL	F	24	2873	01:04:33
525	B	BUYS	INDIVIDUAL	M	27	2874	01:04:34
526	B	STUTTAFORD	RWFL	F	38	2105	01:04:35
527	M	VAN DER MERWE	ALPHA CENTURION	M	63	2104	01:04:36
528	J	LOURENS	TOYOTA	F	57	1256	01:04:38
529	T	BONGAARTS	RWFL	F	44	2489	01:04:42
530	H	BODRES	PHOBIANS	M	57	2880	01:04:46
531	H	DE JAGER	MAGNOLIA	M	60	2898	01:04:51
532	N	DE VILLIERS	INDIVIDUAL	M	32	2271	01:04:53
533	J	GREEFF	TRANSWERK	M	40	2860	01:04:54
534	J	VAN SCHALKWYK	VARSITY SPORT	M	37	2093	01:04:56
535	C	LANE	INDIVIDUAL	F	25	2161	01:05:00
536	B	LANE	INDIVIDUAL	M	28	2162	01:05:08
537	D	GUBUZA	IRENE	M	29	2606	01:05:09
538	X	BOERSEMA	MAGNOLIA	F	51	3790	01:05:20
539	V	MOGARE	MADIBENG	M	31	3169	01:05:22
540	A	MULABE	INDIVIDUAL	F	29	2120	01:05:23
541	E	MATHILELA	MORETELE	M	43	2374	01:05:24
542	N	JACOBS	INDIVIDUAL	F	30	2468	01:05:25
543	L	MPHAHLELE	UKHOZI	F	23	2590	01:05:26
544	T	VAN DER MERWE	TUKS	M	40	2987	01:05:27
545	C	HILLS	INDIVIDUAL	F	28	4178	01:05:28
546	N	NICKY	SAPS	F	28	2057	01:05:30
547	B	VORSTER	KELLOGGS STRIDERS	M	44	4049	01:05:31
548		UNKNOWN				2974	01:05:35
549	J	FERNANDES	NEW BALANCE	M	32	2591	01:05:40
550	A	LESSING	NDABA	M	25	2592	01:05:43
551	V	MONGAWURA	INDIVIDUAL	F	26	2064	01:05:43
552	C	KLEYNHANS	HARMONY	F	17	4109	01:05:45
553	M	WASSERFALL	IRENE	F	37	2035	01:05:48
554	F	WASSERFALL	IRENE	M	44	2034	01:05:58
555	A	VAN WYK	RWFL	F	60	2976	01:05:59
556	D	DAVID	INDIVIDUAL			2518	01:06:02
557	T	MATSHOBA	INDIVIDUAL	F	26	2165	01:06:03
558	L	LAM	INDIVIDUAL	F	48	4164	01:06:04
559	S	BARNARD	HARMONY	F	23	3796	01:06:08

560	M	MACHABA	MANONI	F	31	2040	01:06:14
561		UNKNOWN				2879	01:06:15
562	A	MASSYN	PPMK	M	35	2794	01:06:17
563		UNKNOWN				2949	01:06:34
564	A	RUDOLPH	IRENE	M	47	2186	01:06:35
565	Y	MEINTJIES	MAGNOLIA	F	37	3988	01:06:40
566	B	VAN GRAAN	MAGNOLIA	M	69	3987	01:06:46
567		UNKNOWN				3096	01:06:48
568		UNKNOWN				3097	01:06:49
569	E	BOESEMA	MAGNOLIA	M	53	3789	01:06:51
570	L	BURGER	INDIVIDUAL	M	23	2598	01:06:57
571	A	BURGER	INDIVIDUAL	M	55	2283	01:06:57
572	K	JACOBS	IRENE	F	47	2115	01:07:08
573	C	MATHIASSEN	INDIVIDUAL	F	31	2664	01:07:17
574	F	MATHIASSEN	AGAPE	M	59	2975	01:07:17
575	P	VAN DER BIJL	WANDERERS	M		2992	01:07:18
576	L	ZARIDES	PHOBIANS	M	47	2861	01:07:19
577		UNKNOWN				2106	01:07:30
578	R	BARNES	ENDURO	F	47	2457	01:07:37
579	M	DE KLERK	PPMK	M	47	773	01:07:37
580	E	ERASMUS	PPMK	F	44	2347	01:07:38
581	M	BUYS	INDIVIDUAL	F	32	2140	01:07:38
582	S	CAMPHER	ENDURO	F	46	2488	01:07:42
583	S	PIENAAR	FIT 2000	F	53	2153	01:07:43
584	M	ALVES	INDIVIDUAL	F	43	2245	01:07:49
585	M	VENTER	AGAPE	F	48	2032	01:07:56
586	R	LAKER	OVERKRUIN	F	60	2790	01:08:03
587	D	BURE	INDIVIDUAL	M	38	2545	01:08:13
588	S	DONALLY	IRENE	M	38	2964	01:08:14
589	W	VAN STADEN	MAGNOLIA	M	36	2312	01:08:16
590	L	LOURENS	INDIVIDUAL	M	46	2392	01:08:18
591	M	MASUKU	PMMC	M	49	2152	01:08:20
592	A	BRAND	RUNNING INN	F	29	2605	01:08:20
593	A	WILLEMSE	TRANSWERK	M	45	3974	01:08:21
594		UNKNOWN				2389	01:08:22
595	J	BRITZ	INDIVIDUAL	F		2388	01:08:22
596	V	VILJOEN	RANDMARK	F	42	2017	01:08:24
597	P	MOLO	INDIVIDUAL	F	20	2510	01:08:25
598	T	SMITH	INDIVIDUAL	M		702	01:08:26
599	R	TOLFTS	HARTBESPOORT	M	50	2769	01:08:32
600	C	ROOS	AGAPE	M	45	4176	01:08:33
601	A	AMANDA	FIT 2000	F	46	4169	01:08:37
602	A	DE WET	AGAPE	F	28	2839	01:08:37
603	C	EMMERICH	AEROSUD	M	34	2806	01:08:38
604	C	BURGER	RANDBURG HARRIERS	F	41	3027	01:08:43
605	W	VAN DER LINDE	HARMONY	M	39	2021	01:08:44
606	V	VAN DER LINDE	HARMONY	F	48	2022	01:08:44
607		UNKNOWN				2893	01:08:45
608	L	DOWRIES	MIDRAND CS	F	34	2529	01:08:51
609	B	WINDELL	RESERVE BANK	F	47	3924	01:08:53
610	C	VAN DER MERWE	INDIVIDUAL	M	26	2079	01:08:58
611	A	MOTSHWENE	CORRECTIONAL SERV	M	50	3978	01:09:03
612	B	MOOKANE	INDIVIDUAL	F	48	4059	01:09:04
613	H	NIPUH	INDIVIDUAL	M	38	2037	01:09:05
614	E	VAN NIEKERK	IRENE	M		2572	01:09:06
615	M	DANSTER	INDIVIDUAL	F	22	2082	01:09:13

616	A	ROOS	MARITIMO	F	44	2236	01:09:19
617	M	BARNARD	INDIVIDUAL	F		4029	01:09:20
618	A	ERASMUS	PANORAMA	F		2026	01:09:24
619	L	ERASMUS	PANORAMA	M		2025	01:09:30
620	R	DUVENHAGE	TRANSWERK	F	57	2584	01:09:31
621	S	MEIRING	AKASIA	F	49	2390	01:09:37
622	C	REYNOLDS	IRENE	M	15	2126	01:09:51
623	C	STEYN	INDIVIDUAL	F	34	2654	01:09:55
624		UNKNOWN				2615	01:09:58
625	S	MADUENYANE	INDIVIDUAL	M	33	2044	01:09:58
626	N	MLAMBO	INDIVIDUAL	F	34	2573	01:09:59
627	T	NEFALE	ESKOM GIJIMAS	M	35	4191	01:10:00
628	F	FIFE	INDIVIDUAL	F	26	2462	01:10:01
629	H	LUDICK	IRENE	F	51	824	01:10:02
630	M	CLAASEN	AS EAGLES	F	55	2320	01:10:03
631	S	JACOBS	INDIVIDUAL	F	37	4041	01:10:04
632	A	ROETS	ROODEPOORT	F		2982	01:10:05
633		UNKNOWN				2527	01:10:08
634		UNKNOWN				2526	01:10:13
635	A	BARNARD	HARMONY	M	31	3797	01:10:26
636	I	NUANDENI	INDIVIDUAL	F	17	4031	01:10:35
637	S	SARAH	INDIVIDUAL	F	36	4030	01:10:47
638	C	VAN WYK	MAGNOLIA	F	64	2145	01:10:51
639	A	OOSTHUIZEN	CSIR	M	55	3918	01:10:52
640	P	ROBERSON	INDIVIDUAL	M	16	3745	01:10:53
641	J	ROBERSON	INDIVIDUAL	M	41	3747	01:10:54
642	A	DE KOCK	EXXARO	F	19	2782	01:11:04
643	J	VAN DER MERWE	INDIVIDUAL	M	46	2263	01:11:05
644	J	POWAZNIK	OVERKRUIN	F	34	2661	01:11:06
645	A	POWAZNIK	OVERKRUIN	M	37	2662	01:11:07
646	C	HODGKINSON	RUNNING INN	F	32	2604	01:11:08
647	A	BRITZ	INDIVIDUAL	F		2603	01:11:16
648	M	ROUX	AKASIA	M	40	3784	01:11:17
649	M	SCHOEMAN	TRANSWERK	F	70	3961	01:11:18
650	G	WARDEN	INDIVIDUAL	M		2835	01:11:21
651	L	MAREE	INDIVIDUAL	M	49	2497	01:11:50
652	D	MADHALHLAL	VARSITY KUDUS	M	53	3762	01:11:52
653	A	DEAN	MAGNOLIA	M	43	2372	01:11:56
654	M	STANNARD	RWFL	F	43	2977	01:12:00
655	L	SMIT	TRANSWERK	F	47	2340	01:12:06
656	A	BAM	MAGNOLIA	M	29	2944	01:12:07
657	A	NIEUWOUDT	RWFL	M	52	2024	01:12:08
658	H	GREEFF	ENDURO	M	57	646	01:12:08
659	E	GREEFF	ENDURO	F	59	2309	01:12:09
660	N	NKOMO	MOHEMI	F	32	123	01:12:10
661	H	PHALENG	TEMBA SUNRISE	M	19	2833	01:12:11
662	C	VAN DER COLF	AGAPE	M	71	2652	01:12:13
663	P	AGENBAG	INDIVIDUAL	M	37	3952	01:12:13
664	R	SHORT	RANDBURG HARRIERS	M	42	2002	01:12:13
665	M	FRIEND	RWFL	F	47	2767	01:12:15
666	L	FERREIRA	RWFL	M	51	3776	01:12:17
667	P	FERREIRA	RWFL	M	51	3775	01:12:26
668	C	BRIT	WANDERERS	F	59	2628	01:12:27
669	J	DU PLESSIS	IRENE	F	60	2553	01:12:32
670	A	SOLEY	AGAPE	M	56	2856	01:12:35
671	S	SHONG	INDIVIDUAL	M	40	4034	01:12:36

672		UNKNOWN				2619	01:12:37
673	J	MASHABA	TRANSWERK	F	38	3760	01:12:38
674	T	LENNOX	INDIVIDUAL	M	17	4025	01:12:39
675	J	VAN SCHALKWYK	VARSITY SPORT	F	36	2092	01:12:41
676	N	PETERS	INDIVIDUAL	F	39	692	01:12:53
677	G	MOWAT	SPIRIT WIND	M	56	3777	01:12:54
678	W	ODENDAAL	INDIVIDUAL	M	49	2243	01:12:59
679	T	HUYSAMEN	OVERKRUIN	F	44	2774	01:13:05
680	C	WOLFAART	IRENE	F	26	2464	01:13:05
681	L	JORDAAN	INDIVIDUAL	F	26	2424	01:13:06
682	H	LANGE	INDIVIDUAL	F	32	2422	01:13:07
683	T	NIEMAND	HARTBEESPOORT	F	58	4016	01:13:10
684	A	NZHINGA	DYNAMIC CLUB	F	33	2200	01:13:11
685	R	HIGO	INDIVIDUAL	F	35	2544	01:13:15
686	C	SPANGENBERG	TUKS	F	48	2257	01:13:21
687	S	SIPHIWE	INDIVIDUAL	F	18	3783	01:13:24
688	J	SMIT	TUT	F	46	3028	01:13:29
689	C	MEKGWE	INDIVIDUAL	F	26	4140	01:13:43
690	L	DLAMINI	RESERVE BANK	M	43	2047	01:13:44
691	M	SLABBERT	INDIVIDUAL	F	24	4048	01:13:45
692	S	ERASMUS	HARMONY	M	50	3751	01:13:50
693		UNKNOWN				2608	01:14:02
694	M	WEIDEMAN	IRENE	F	29	2552	01:14:12
695	D	CROIWRIGHTT	INDIVIDUAL	M		2995	01:14:13
696	G	MOKOENA	INDIVIDUAL	F	34	4174	01:14:16
697	C	NASH	AGAPE	F	49	2335	01:14:21
698	J	NASH	AGAPE	M	51	797	01:14:22
699	J	BURKE	RWFL	M	48	3769	01:14:23
700	P	LOUW	INDIVIDUAL	M	52	2314	01:14:28
701	C	FOURIE	OVERKRUIN	F	15	2116	01:14:30
702	T	FROST	RWFL	F	28	2650	01:14:31
703	T	CORIN	RWFL	M	50	2773	01:14:41
704	R	BASSON	TRANSWERK	M	69	2791	01:14:42
705	K	KALTWASSER	PPMK	F	29	2556	01:14:43
706	R	SMIT	INDIVIDUAL	M	24	2090	01:14:44
707	R	SMIT	INDIVIDUAL	M	24	2089	01:14:45
708	I	COETZER	UNISA	M	54	4047	01:14:46
709	G	POTGIETER	IRENE	M	33	2514	01:14:51
710	M	BRITS	RUNNING INN	F	37	2486	01:14:52
711	A	VIVIERS	INDIVIDUAL	F	35	2487	01:14:52
712	S	VAN TONDER	ATHLETES FOR CHRIST	F	49	3011	01:14:52
713		UNKNOWN				2625	01:14:53
714		UNKNOWN				2626	01:14:54
715	Y	COETZER	MT EVEREST	F	44	2412	01:14:57
716	V	KHUMALO	SADAC	F	33	2411	01:15:00
717	F	BOOYSEN	AGAPE	M	43	2319	01:15:04
718	M	MADUWA	INDIVIDUAL	M	32	2455	01:15:08
719	A	MARITZ	INDIVIDUAL	M		2413	01:15:12
720	G	JOHNSON	INDIVIDUAL	M		2793	01:15:42
721	C	MARAIS	INDIVIDUAL	F		2842	01:15:45
722	E	EPHRAIM	CORRECTIONAL SERV	M	43		01:15:46
723	C	MARITZ	AGAPE	M	65	2310	01:15:49
724	W	LUBBINGE	MARITIMO	M	65	2491	01:15:53
725	S	VAN DER WESTHUIZEN	IRENE	F	40	2832	01:16:02
726	L	VAN DUYSKER	IRENE	M	50	2172	01:16:06
727	I	ROODT	INDIVIDUAL	F	39	3088	01:16:15

728	D	GEERE	INDIVIDUAL	F	65	2550	01:16:18
729	T	WESSELS	SOLIDARITEIT	F	55	2888	01:16:22
730	S	VENTER	TRANSWERK	F	59	3083	01:16:23
731	M	BLIGNAUT	INDIVIDUAL	F	26	4018	01:16:31
732	H	BLIGNAUT	INDIVIDUAL	M	28	4017	01:16:37
733		UNKNOWN				2373	01:16:37
734	T	THELEDI	INDIVIDUAL	M	40	2069	01:16:40
735	M	MTOMO	INDIVIDUAL	M	34	2065	01:16:43
736	M	BURE	INDIVIDUAL	F	33	2546	01:16:47
737		UNKNOWN				2386	01:16:49
738	M	DE VILLIERS	INDIVIDUAL	M	28	2083	01:16:50
739	W	JOUBERT	INDIVIDUAL	M	37	2961	01:16:52
740	D	PIENAAR	CENTURION AC	F	48	2502	01:16:55
741	R	BESTER	INDIVIDUAL	F	30	2077	01:17:01
742	M	DRY	INDIVIDUAL	F	46	2387	01:17:10
743	C	DU PONT	RESERVE BANK	F	43	4003	01:17:11
744	S	LINKE	FIT 2000	M	19	3963	01:17:11
745	J	JONKERS	TRANSWERK	F	27	2444	01:17:12
746	K	TAYLOR	IRENE	M	63	2148	01:17:13
747	P	MADIKANE	INDIVIDUAL	F	32	2218	01:17:14
748	Z	DIKO	INDIVIDUAL	F	31	2217	01:17:14
749	B	MOKOKA	INDIVIDUAL	F	30	2850	01:17:17
750	M	DE BRUYN	IRENE	F	39	4005	01:17:18
751	M	FOURIE	IRENE	F	53	4004	01:17:18
752	T	RAMOHLALE	ZWAKALA	M	42	2600	01:17:24
753	T	KUBAYI	INDIVIDUAL	F	30	2849	01:17:25
754		UNKNOWN				4058	01:17:31
755	K	THOBAKGALE	INDIVIDUAL	F	43	2230	01:17:31
756	W	WHITBURN	AVIS	F	51	3009	01:17:35
757	B	BERNATZKY	AVIS	F	40	3010	01:17:47
758	F	DE RUIJKER	ESKOM GIJIMAS	M	71	2826	01:17:48
759	K	NTSHEHI	CORRECTIONAL SERV	F	35	2101	01:17:49
760	V	TSHISHONGA	INDIVIDUAL	M	34	2671	01:17:50
761	S	KOEKEMOER	INDIVIDUAL	F	55	3949	01:17:53
762	A	GREEN	IRENE	F	42	3929	01:17:59
763	K	WALSH	AGAPE	M	63	2194	01:18:01
764	H	DEGROOF	RWFL	F	55	2191	01:18:16
765	N	MUIR	PHOBIANS	M	68	2280	01:18:20
766	P	MOGAKWE	INDIVIDUAL	F	35	3750	01:18:28
767	R	MOSAKWE	INDIVIDUAL	M	34	3749	01:18:29
768	E	JACKSON	INDIVIDUAL	M	62	2909	01:18:30
769	K	JACKSON	INDIVIDUAL	F	62	2908	01:18:31
770	L	MORKEL	INDIVIDUAL	F	48	2496	01:18:48
771	B	FOURIE	FIT 2000	M	47	2857	01:18:53
772	K	GROBLER	FIT 2000	F		2570	01:18:54
773	H	HEUNIS	INDIVIDUAL	F	60	2993	01:18:58
774	J	MOWAT	SPIRIT WIND	F	56	3778	01:19:03
775	A	LOUW	INDIVIDUAL	M	63	2332	01:19:11
776	M	JONKERS	TRANSWERK	F	52	2446	01:19:24
777	M	ROTH	EXXARO	F	37	4012	01:19:26
778	R	VAN NIEKERK	FLORIDA	F	47	4131	01:19:26
779		UNKNOWN				4111	01:19:32
780	C	OLIVER	RWFL	M	50	4192	01:19:32
781	J	BOTHA	INDIVIDUAL	F	48	3994	01:19:44
782	Z	BOTES	INDIVIDUAL	F	17	3993	01:19:52
783	T	HARMSE	MAGNOLIA	F	22	2954	01:19:53

784		UNKNOWN				2897	01:19:54
785	I	BURKE	RWFL	F	47	3768	01:19:55
786	P	THOMAS	VOORTREKKER MONUMENT	F	38	2817	01:19:56
787		UNKNOWN				2379	01:19:59
788	Z	SHAWE	VOORTREKKER MONUMENT	F	30	2325	01:20:04
789	G	BONTHUYS	TEAM RUNNING FREE	M	39	2228	01:20:05
790	R	PRETORIUS	INDIVIDUAL	F	35	2836	01:20:09
791		UNKNOWN		F		2495	01:20:10
792	L	WARDEN	INDIVIDUAL	F		2834	01:20:15
793	C	HIGGINS	HARMONY	M	58	2050	01:20:31
794	N	MAPHETO	INDIVIDUAL			2999	01:20:32
795	L	VISAGIE	ESKOM GIJIMAS	M		2778	01:20:33
796	M	MPHO	DYNAMIC CLUB	F	28	2199	01:20:46
797	M	V DYK	AGAPE	F	59	3962	01:20:47
798	E	FAURE	INDIVIDUAL	F	53	3076	01:20:52
799		UNKNOWN				2772	01:20:55
800	M	MAHLATSI	INDIVIDUAL	F	44	4181	01:20:55
801	O	MANETJE	INDIVIDUAL	F		2110	01:21:00
802	A	MARUMO	AFFROX	M	48	2252	01:21:04
803	M	WILLEMSE	TRANSWERK	F	41	3975	01:21:04
804	B	MOTSEPE	ESKOM GIJIMAS	F	41	2258	01:21:16
805	J	ARCHIBALD	RAC	M	79	4105	01:21:20
806	L	JORDAAN	RWFL	M	16	2102	01:21:21
807	M	JORDAAN	INDIVIDUAL	F	22	2425	01:21:21
808	T	BREYTENBACH	INDIVIDUAL	F	25	2423	01:21:49
809	C	MATTHEWS	INDIVIDUAL	F	24	4106	01:21:50
810	C	MATTHEWS	FLORIDA	M	38	4107	01:21:51
811	N	GWANGWA	INDIVIDUAL	F	28	3109	01:21:52
812	H	LE ROUX	ARCADIA	F	51	2895	01:21:52
813	S	DE BEER	ARCADIA	M	53	2896	01:21:53
814	M	BURGER	RWFL	F	55	2195	01:21:55
815	S	GRINDELINGH	IRENE	F	40	3764	01:21:55
816	L	JACKSON	SOLIDARITEIT	M	61	2923	01:21:56
817	D	DU TOIT	INDIVIDUAL	M	37	2317	01:22:00
818	J	MEYER	INDIVIDUAL	F	25	2569	01:22:01
819	E	MARITZ	AGAPE	F	62	2311	01:22:06
820	W	MOOLMAN	IRENE	F	46	2795	01:22:09
821	C	WENTZEL	INDIVIDUAL	M	31	2192	01:22:12
822	P	HAMBRIDGE	IRENE	M	68	2563	01:22:28
823	R	OEK	INDIVIDUAL	F	35	2214	01:22:37
824	A	MUNRO	SOLIDARITEIT	M	44	2000	01:22:44
825	L	MOTSAPE	INDIVIDUAL	F	33	2532	01:22:50
826	A	KRUGER	PVR	M	51	2998	01:22:53
827	D	CHANNER	RWFL	F	37	2005	01:23:00
828	D	MOHUBE	INDIVIDUAL	F	24	2454	01:23:00
829	B	ROOS	AGAPE	F	43	4177	01:23:11
830	H	GROSS	IRENE	F	46	3928	01:23:25
831		UNKNOWN				4051	01:23:29
832	V	SWANEPOEL	KEMPTON	F	51	3171	01:23:29
833	W	WIJENBERG	INDIVIDUAL	M	59	3970	01:23:30
834	E	ESTERHUYSE	PHOBIANS	F	60	2473	01:23:31
835	E	ELSABE	INDIVIDUAL	F	52	2565	01:23:32
836	C	SANDENBERGH	RWFL	F	53	2812	01:23:33
837	K	OLIVER	RWFL	F	49	2173	01:23:34
838		UNKNOWN				2844	01:23:34
839	D	KANTOR	AGAPE	F	67	2323	01:23:35

840	S	HEFER	INDIVIDUAL	F	28	2583	01:23:36
841	M	JORDAAN	RWFL	F	52	2103	01:23:37
842	L	LOOTS	INDIVIDUAL	F		2582	01:23:38
843	B	BEZUIDENHOUT	MARITIMO	F	53	2824	01:23:38
844	E	O'BRIEN	PHOBIANS	F	69	2274	01:23:56
845	D	LONG	FIT 2000	F	57	3075	01:24:02
846	A	HOCHSTETTER	FIT 2000	M	55	2503	01:24:05
847	K	DU PLESSIS	INDIVIDUAL	F	31	2013	01:24:07
848	H	NEETHLING	INDIVIDUAL	F	43	4182	01:24:08
849	J	V ROOYEN	INDIVIDUAL	F	38	4183	01:24:14
850		UNKNOWN				126	01:24:16
851	M	RUDMAN	INDIVIDUAL	F	30	2521	01:24:22
852	S	BAKER	INDIVIDUAL	F		2020	01:24:23
853	H	BAGNALL	RWFL	F	41	2560	01:24:24
854		UNKNOWN				2561	01:24:48
855	T	NAGELI	INDIVIDUAL	M	28	2269	01:24:59
856	N	MAHLANGU	INDIVIDUAL	F	38	3108	01:24:59
857	J	ROWLES	BMW	M	64	2540	01:25:01
858	R	CUFEE	INDIVIDUAL	M	62	2646	01:25:02
859	G	HORAK	IRENE	F	48	3927	01:25:04
860	X	SMUTS	VOORTREKKER MONUMENT	F	36	3958	01:25:04
861	A	SMUTS	VOORTREKKER MONUMENT	F	36	3959	01:25:06
862	P	KEMP	RWFL	F	40	2183	01:25:07
863	G	PHIRI	AFROX BRITS	M	38	2406	01:25:08
864	T	FOSTER	RWFL	M	61	2033	01:25:09
865		UNKNOWN				2380	01:25:12
866	D	MOTETE	JULUKA DIGGERS	F	19	2075	01:25:14
867	C	V PUTTEN	PHOBIANS	F	57	3763	01:25:14
868	S	THOMAS	INDIVIDUAL	F	38	3965	01:25:20
869	D	PLATTS	INDIVIDUAL	F	65	3966	01:25:28
870	K	MAKGATO	OVERKRUIN	F	35	2343	01:25:29
871	M	MAKGATO	OVERKRUIN	F	12	2342	01:25:30
872	C	JV RENSBURG	MEDIHELP	F	43	2015	01:25:31
873	G	VAN DYK	INDIVIDUAL	M	28		01:25:40
874	Y	V LINGEN	INDIVIDUAL	F	25	3786	01:25:41
875	D	RASNHA	MADIBENG	M	54	3170	01:25:45
876	P	STRYDOM	MIDACK	F	54	3110	01:25:49
877	T	WEAVIND	MAGNOLIA	M	78	2537	01:25:50
878	F	STAM	RWFL	M	38	3971	01:25:51
879		UNKNOWN	IRENE	M	41	2614	01:25:59
880	E	BARNARDO	SOLIDARITEIT	M	40	2863	01:26:00
881	Y	EDWARDS	VARSITY SPORT	F	50	2136	01:26:19
882	L	JANSEN	ARCADIA	F	40	2951	01:26:31
883	H	DU TOIT	ARCADIA	F	53	2952	01:26:32
884	T	MATAMELA	ARCADIA	F	53	4026	01:26:45
885		UNKNOWN				2281	01:26:46
886		UNKNOWN				2345	01:26:47
887	L	LETSHOLO	INDIVIDUAL	F		2346	01:26:48
888		UNKNOWN				2346	01:26:49
889	L	MEYER	IRENE	F	28	2009	01:27:00
890	J	MEYER	IRENE	M	29	2010	01:27:01
891	M	DE JONG	AGAPE	F	36	2610	01:27:11
892	L	VOS	AGAPE	M	49	2609	01:27:23
893	A	ROOS	RAC	F	59	2159	01:27:24
894	J	JORDAAN	PHOBIANS	M	71	2648	01:27:25
895	E	SHIVANA	INDIVIDUAL	F	32	2237	01:27:27

896	S	MOJELA	INDIVIDUAL	F	44	2267	01:27:27
897	E	MALLULEKE	INDIVIDUAL	M	35	2238	01:27:29
898	S	GRABE	INDIVIDUAL	F	53	2843	01:27:30
899	I	BURDEN	INDIVIDUAL	F		2905	01:27:32
900		UNKNOWN				2984	01:27:33
901		UNKNOWN				2612	01:27:33
902	R	CLARIBEN	PHOBIANS	F	35	2085	01:27:38
903	B	O'BRIEN	PHOBIANS	M	73	2273	01:27:41
904	A	BESTER	INDIVIDUAL	M	74	2086	01:27:42
905	Z	V RENSBURG	SYNGENTA KOMATIPOORT	F	52	2948	01:27:43
906	K	JV RENSBURG	SYNGENTA KOMATIPOORT	F	26	2947	01:27:45
907	K	VENTER	RWFL	M	50	2331	01:27:45
908	J	LAUBSCHER	RWFL	M	47	3815	01:27:46
909	K	MASILO	BILLY'S RUNNERS	F	52	3149	01:27:53
910	J	VISSER	MARITIMO	M	52	2531	01:28:04
911	A	COETZEE	EUGENE MARAIS	M		2808	01:28:07
912	L	MILLS	AGAPE	F	43	2902	01:28:32
913	L	HEUNIS	OVERKRUIN	M	52	2869	01:28:34
914	W	LABUSCHAGNE	INDIVIDUAL	F	33	2137	01:28:38
915		UNKNOWN				2279	01:28:42
916		UNKNOWN				2277	01:28:43
917	H	SCHOEMAN	INDIVIDUAL	F	44	2396	01:28:50
918	E	MEYER	INDIVIDUAL	F	46	2399	01:28:51
919	C	MEYER	INDIVIDUAL	M	47	2394	01:28:56
920	S	BERRY	RWFL	F	16	2779	01:29:00
921	P	BARNARD	RWFL	M	59	3077	01:29:01
922	F	STEEL	RWFL	F	63	2275	01:29:10
923	P	JORDAN	PHOBIANS	F	55	2108	01:29:11
924	A	KAVALLINEAS	PHOBIANS	M	63	2557	01:29:11
925		UNKNOWN				2904	01:29:12
926		UNKNOWN				2903	01:29:31
927	Y	DIETZ	RWFL	F	68	4006	01:29:31
928	F	DIETZ	RWFL	F	69	4007	01:29:32
929	M	NIEHAUS	RWFL	F	62	2276	01:30:26
930	A	MURREN	INDIVIDUAL	F	35	3976	01:31:25
931	B	JACA	INDIVIDUAL	F	39	4101	01:31:26
932	F	HERBST	SOLIDARITEIT	F	46	2278	01:31:30
933	M	SONG	INDIVIDUAL	F	18	4165	01:31:39
934	S	LINKE	FIT 2000	F	22	3964	01:31:40
935	J	FROBANIS	INDIVIDUAL	F	50	2268	01:31:47
936	T	DLUBANE	UKHOZI	F	37	1094	01:31:52
937	N	MBEKI	UKHOZI	F	30	1095	01:32:32
938	S	SCHUTTE	PPMK	F	50	2574	01:32:35
939	T	PERSAD	INDIVIDUAL	F	31	2470	01:32:39
940	N	JACKLIN	RAC	M	62	2494	01:32:49
941	M	DE KOCK	EXXARO	F	39	4011	01:32:49
942	Z	ZANELE	INDIVIDUAL	F	14	2624	01:32:50
943	R	JV RENSBURG	INDIVIDUAL	F	23	2338	01:32:50
944	T	LANGENHOVEN	INDIVIDUAL	F	28	2339	01:32:51
945	K	KRUGER	AGAPE	F	73	3072	01:32:51
946	M	ESTERHUIZEN	ARCADIA	F	58	4001	01:33:12
947	R	JONES	EUGENE MARAIS	F	42	2220	01:33:51
948	S	SHULTZ	INDIVIDUAL	F	40	2785	01:33:52
949	D	JOHNSON	BODYWALK	F	59	2559	01:33:55
950	L	BOSCH	BODYWALK	F	49	3989	01:34:29
951	K	BOTHA	INDIVIDUAL	F	38	2337	01:34:30

952		UNKNOWN				3000	01:34:53
953	B	VICTOR	MAGNOLIA	F	51	3992	01:35:01
954	P	MILLS	INDIVIDUAL	M	34	2809	01:35:02
955	N	CASSIM	INDIVIDUAL	M	36	2597	01:35:47
956	N	CASSIM	INDIVIDUAL	F	34	2594	01:35:49
957	M	BUTLER	HARMONY	F	50	4110	01:35:51
958	B	BUTLER	HARMONY	F	23	3081	01:36:06
959	R	GRIESEL	INDIVIDUAL	F	12	2927	01:36:07
960	I	HAVENGA	RAC	F	41	2928	01:36:22
961	W	GRIESEL	RANDBURG HARRIERS	M	43	2929	01:36:23
962	R	HORNBY	TUKS	F	36	2967	01:36:48
963	C	VERMEULEN	TUKS	F	36	2966	01:36:49
964	E	JOOSTE	INDIVIDUAL	F	38	3955	01:36:50
965	C	SIMPSON	INDIVIDUAL	M	29	3947	01:36:55
966	J	STOLENKAMP	INDIVIDUAL	M	59	3943	01:36:56
967	J	FRANCIS	INDIVIDUAL	F	49	2517	01:37:03
968	D	STOLENKAMP	INDIVIDUAL	F	50	3944	01:37:03
969		UNKNOWN				4115	01:37:23
970	J	MALULEKA	AFROX BRITS	F	31	2249	01:37:39
971		UNKNOWN				2940	01:37:53
972		UNKNOWN				2941	01:38:03
973	S	V RENSBURG	SOLIDARITEIT	M	60	2649	01:38:53
974	S	JONES	IRENE	F		2907	01:39:14
975	V	VEILDA	INDIVIDUAL	F	26	2906	01:39:14
976	G	NAUDE	ESKOM GIJIMAS	M	70	2506	01:39:16
977		UNKNOWN				2813	01:39:17
978		UNKNOWN				2814	01:39:17
979		UNKNOWN				2543	01:39:29
980		UNKNOWN				2542	01:39:39
981		UNKNOWN				2617	01:39:39
982	T	BEKWA	INDIVIDUAL	F	41	2111	01:39:40
983		UNKNOWN				2618	01:39:41
984	A	HANSON	RAC	F	69	4200	01:39:41
985	C	BRAND	RAC	M	90	4199	01:39:47
986	E	FEE	INDIVIDUAL	F	64	2647	01:39:47
987	J	LANCASTER	ENDURO	F		2308	01:39:56
988		UNKNOWN				3001	01:39:56
989	F	DLAMINI	RESERVE BANK	F	40	2046	01:40:03
990	N	NTOMBI	TELKOM	F	40	3003	01:40:04
991	B	KOMANE	INDIVIDUAL	F	36	3005	01:40:11
992		UNKNOWN				2460	01:40:12
993	R	BUCK	INDIVIDUAL	F	28	2467	01:41:57
994	T	KUPPEN	INDIVIDUAL	F	38	2555	01:41:58
995	M	JACOBS	INDIVIDUAL	F	46	2554	01:44:25
996	N	BEKWA	INDIVIDUAL	F	37	2109	01:44:32
997	S	CASSIM	INDIVIDUAL	M	11	2595	01:44:33
998	E	LOUCAS	SOLIDARITEIT	F	39	2426	01:44:34
999	T	CASSIM	INDIVIDUAL	F	12	2596	01:44:37
1000	L	DE BONT	TRANSWERK	F	64	2321	01:44:45
1001	K	CRICHTON	ESKOM GIJIMAS	F	59	4186	01:45:59
1002	N	OLIPHANT	INDIVIDUAL	F	32	2051	01:46:01